Welcome to our calendar of events for 2020. We believe we have a great schedule for you, comprising of webinars, masterclasses and a conference.

The calendar is all part of our ongoing aim to ensure Henley is the world’s leading provider of coach training, research and professional development, and thus helping you to have a community that is a beacon in the field.

Thanks to your input and suggestions, the transformation of the Henley Coaching Centre activities has continued during 2019. This has seen us continue to grow our provision of events, expand the international delivery of the Professional Certificate in Executive Coaching (PCEC) and launch a new programme to support those interested in supervision: the Professional Certificate in Supervision. Next year we have more in store. Work is underway on a team coaching programme to be launched in late 2020 and we are continuing to expand delivery of PCEC to new locations, working with universities around the world that want to offer the programme to their coaching communities. In 2020 we will also be partnering ever more closely with both the AC and ICF UK teams through a series of webinars (look out for a new series of events with both organisations to be launched in 2020, available through the Centre as part of your membership). Of course, at the heart of our programme is our own series of webinars, which continues to grow in reputation and range.

We hope you find the programme engaging and helpful, but we welcome your thoughts, suggestions and ideas for speakers, and we will do our best to include these as we start to plan our schedule for 2021 (and 2022).

I look forward to seeing you at Henley or online throughout the year.
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21 January 2020
LAZY Coach - Masterful Coaching

Event style: Webinar
Speaker: Judit Ábri von Bartheld, Julie Starr and Carole Gaskell
Venue: Online
Time: 18:30 - 19:30
Price: £25 + VAT
(10% discount for Henley alumni and current students)
Free for The Henley Centre for Coaching members

How much do you work in your coaching sessions? Are you lazy enough as a coach? Being LAZY is not a quality that one should be proud of, yet when you use it in coaching context it can carry a different meaning.

The LAZY coaching model does not speak for all coach competencies, though it shows the mindset and behaviour of an experienced coach.

L – Listening
A - Attention, Awareness, Acknowledgement, Ambiguity
Z - Zest
Y - You, coaching is all about YOU, the client

The LAZY model can also be applied in the workplace to be used by managers to support coaching style leadership.

4 February 2020
Systemic Team Coaching in Practice

Event style: Masterclass
Speaker: Professor Peter Hawkins
Venue: Greenlands
Time: 09:30 - 17:00
Price: £175 + VAT
(10% discount for Centre Members, Henley alumni and current students)

This masterclass will present how to work systemically as a coach. It will be highly interactive, with the chance to post questions.

You will learn:
• Why the 21st century needs new forms of coaching that deliver transformational change and benefit to a range of stakeholders
• A systemic coaching process model for partnering with your coachee to deliver benefit to all their stakeholders
• How to bring the stakeholder’s voice and needs into the room
• Ways of conducting multi-stakeholder contracting, review and evaluation
• Systemic coaching supervision
Event summaries

11 February 2020
Transformation Change and Developing New Insights: Coaching in Prisons

Event style: Webinar

Speaker: Clare McGregor

Venue: Online

Time: 18:30 - 19:30

Price: £25 + VAT
(10% discount for Henley alumni and current students)
Free for The Henley Centre for Coaching members

Is there more potential in a prison than an Oxbridge college?

Be inspired by how far coaching can bring about extraordinary transformation and rekindle hope in the bleakest of environments - if it can work in a prison, it can work anywhere. Be challenged to push your coaching limits, to reach out and use your skills in new ways to achieve the greatest possible change.

Be supported to develop your coaching skills; adding more strings to your bow benefits you as a coach just as much as those you help, if not more.

5 March 2020
How to Unleash Your Listening Mastery

Event style: Webinar

Speaker: Dr Stephen Burt

Venue: Online

Time: 18:30 - 19:30

Price: £25 + VAT
(10% discount for Henley alumni and current students)
Free for The Henley Centre for Coaching members

Are you curious about how to deepen your signature listening practice?

Dr Stephen Burt’s webinar will explore the science and art of listening to provide a comprehensive framework for listening well. He argues that, done well, listening is a foundation and profound expression of coaching mastery.

Attend this webinar if you want to discover ways to hone your listening through structured, reflective practice and other activities - many of which can be found in Stephen’s 2019 book, The Art of Listening in Coaching and Mentoring.
Do we want the people we are coaching to think for themselves?

Let’s face it: our “coachees” expect us to think for them; and we expect to do exactly that. Let’s also face this: the quality of everything our clients do depends on the quality of the independent thinking they do first.

Squaring those two, we coach differently. Our priorities change. We first generate our coachee’s own best thinking, until there is no more. Only then do we offer (by invitation) our own thinking. That single shift can turn our coaching inside out.

During this masterclass we will ponder and demonstrate this radical change in a coach’s priorities.

Inspired by their forthcoming book on team coaching, Lucy and Paul will present their views on the status of team coaching and its future. There will be a Q&A session.

The webinar will discuss:
• a definition of team coaching and the business case for team coaching
• differentiation from other team interventions
• developing as a team coach and the importance of a team coach’s ‘way of being’, psychological safety, group dynamics and systemic thinking
• models, approaches and frameworks (including ‘creating the team edge’ framework)
• results from a study at a leading UK retailer
• what the future requires of team coaching
15 May 2020
Coaching Open Day

Event style: Open Day
Speaker: Professor Jonathan Passmore and Dr Rebecca Jones
Venue: Greenlands
Time: 09:00 - 17:00
Price: Free

Join us for the Coaching Open Day and learn about the qualifications on offer.

Our programmes offer a wide ranging approach to coaching styles, techniques and practise. During the day there will be opportunities to meet the Programme Directors, take part in a sample workshop and hear from current students and recent alumni.

18 May 2020
Coaching for Psychological Capital

Event style: Webinar
Speaker: Dr Badri Bajaj
Venue: Online
Time: 18:30 - 19:30
Price: Free of charge

The psychological capital construct consists of psychological resources of hope, efficacy, resilience and optimism. Psychological capital has a positive impact on people’s attitudes, behaviours and performance.

The webinar consists of a brief discussion of psychological capital and how understanding it may help coaches in their engagements with their clients.

The session will include the latest research findings on the impact of psychological capital. It will also include some sample coaching questions around this concept and some tools for measuring psychological capital.
2 June 2020
Coaching Outdoors - How Ecopsychology Transforms Coaching Relationships

Event style: Masterclass

Speaker: Anna-Marie Watson

Venue: Greenlands

Time: 09:30 - 17:00

Price: £175 + VAT
(10% discount for Centre Members, Henley alumni and current students)

‘Look deep into nature, and then you will understand everything better.’ Albert Einstein

Step outside and invite nature into your coaching practice. During this fully experiential masterclass you will:

• understand the theory and research behind ecopsychology
• reflect on your connection to the natural environment
• plan ecopsychology coaching sessions
• participate in ecopsychology peer coaching sessions

This masterclass will be held predominantly outdoors so participants are kindly requested to wear appropriate footwear and clothing.

16 June 2020
Meaning: The Must-have Ingredient for Effective Coaching

Event style: Webinar

Speaker: Anthony Eldridge-Rogers

Venue: Online

Time: 18:30 - 19:30

Price: £25 + VAT
(10% discount for Henley alumni and current students)
Free for The Henley Centre for Coaching members

Is there one human experience that stands above all others as integral to successful coaching? After almost 39 years working to support people to recover, change and thrive, and 15 years as an executive coach, Anthony Eldridge-Rogers says ‘Yes’.

In this interactive webinar he will take participants (who will be given a pre-webinar document to complete) through the four steps of his meaning-centred coaching (MCC) model, which they will be able to use in their coaching practice, whatever the coaching context.

He will also show, using case studies, how the steps of the MCC model can be used by anyone willing to integrate it into their management skills.
29 and 30 June 2020
Systemic Coaching: Delivering Value Beyond the Individual

Event style: Masterclass

Speaker: Professor Peter Hawkins

Venue: Greenlands

Time: 09:30 - 17:00

Price: £175 + VAT
(10% discount for Centre Members, Henley alumni and current students)

In this session Professor Peter Hawkins unpacks his latest bestselling book, Systemic Coaching: Delivering Value beyond the Individual.

Peter will explore how to: contract in various settings; work relationally and dialogically; expand our own and others’ ecological awareness; get greater value from supervision; and work with systemic ethics and expand our impact.

If you are interested in coaching within organisations, this will be the first opportunity to explore these ideas in depth and develop your own systemic practice, building on Peter’s previous systemic team coaching programme.

2 July 2020
Members Summer Networking Event

Event style: Networking

Speaker:

Venue: Greenlands

Time: 17:30 - 19:30

Price: Free for The Henley Centre for Coaching members

Soak up the atmosphere of Henley Regatta and enjoy tea, cake and the opportunity to network with fellow members of the Coaching Centre.
Event summaries

9 July 2020
Ethical Decision making

**Event style:** Webinar

**Speaker:** Professor Jonathan Passmore

**Venue:** Online

**Time:** 18:30 - 19:30

**Price:** £25 + VAT
(10% discount for Henley alumni and current students)
**Free for The Henley Centre for Coaching members**

In this session Jonathan will explore the ethical code of conduct and how coaches can apply this through the use of a decision-making framework. He will draw on his ethical decision-making APPEAR model, which coaches can use either independently or with their supervisor to help them manage complexity in their coaching practice.

17 September 2020
Safety in Numbers: Reflective Practice in Small Learning Communities

**Event style:** Webinar

**Speaker:** Kathryn M. Downing

**Venue:** Online

**Time:** 18:30 - 19:30

**Price:** £25 + VAT
(10% discount for Henley alumni and current students)
**Free for The Henley Centre for Coaching members**

Thinking about small group coaching supervision? Wondering what structures and relationships you need to show up in a virtual setting with 3 - 6 coaching colleagues and truly share your challenges, worries and successes?

New research on creating safety in small group virtual coaching supervision will be shared that illuminates key elements for the supervisor and supervisees in co-creating a safe container - a supervision space where supervisees can be authentically themselves, able to move into vulnerability, risk being truly seen and courageously challenge each other. The participative webinar will provide reflective space for participants to notice and articulate their own needs in small group supervision.
This year’s annual Coaching Conference offers you the opportunity to continue your CPD journey. With the growth of interest and use of technology we will be focusing our conference on artificial intelligence and neuroscience.

We will draw on research from both our keynotes to understand both the ‘computer brain’ and the human brain. Dr Naeema Pasha, researcher in change, uncertainty and the future of work, will help us understand how the computer brain ‘works’ and talk about the skills and qualities needed in the future of work. Professor Patricia Riddell will share her expertise in applied neuroscience, and the latest developments in this fast-changing field.

We will explore principles of applied neuroscience in coaching practice with Professor Paul Brown, author, clinical and organisational psychologist and executive coach, and we will also explore what we need to be doing to make best use of technology in our coaching business with Dr Stella Kanatouri.

Our feedback from last year, apart from having a great line-up of speakers, was that delegates loved the interactive opportunities. In 2020 there will be demonstrations from ProReal, an immersive, avatar-based virtual world platform and Zoom, offering hints and tips on how to use technology for coaching.

To ensure you get the most from the event, we are adding two new sessions: an early morning session called ‘Early doors’ and two ‘After hours’ sessions for those who want to carry on their learning after the day closes at 17:00.

We will also be announcing the winners of the Henley Coaching Awards, which have been a fundamental part of our conference.
### 6 October 2020

**Create Space to Reach Your Potential**

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<td><strong>Price:</strong></td>
<td>£25 + VAT (10% discount for Henley alumni and current students) Free for The Henley Centre for Coaching members</td>
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This engaging, interactive webinar explains the key concepts behind Derek’s book, Create Space: How to Manage Time and Find Focus, Productivity and Success, offering a clear, practical way of helping coachees to flourish.

The session will provide an explanation and discussion of Derek’s five-part Create Space mindset model, revealing how to use it to achieve coaching breakthroughs.

There will be lots of time for questions, discussion and interaction throughout the event, including the sharing of results from the pre-work audit that participants are invited to take.

### 12 November 2020

**Manager as a Coach**

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<td><strong>Time:</strong></td>
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<tr>
<td><strong>Price:</strong></td>
<td>£175 + VAT (10% discount for Centre Members, Henley alumni and current students)</td>
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The only justification for being a manager is to manage performance. But how do you do it without looking either like a shouty bully or a gullible softie? How far can coaching be the solution? For certain it’s not just about listening nicely; it will also mean knowing how to challenge, but in a way that is consistent with coaching principles.

This highly interactive masterclass will link coaching with the critical importance of staff engagement, show you a useful framework for any coaching discussion and allow you to assess your skills as a manager–coach.
Event summaries

19 November 2020
Coaching Open Event

**Event style:** Open Day

Join us for the Coaching Open Morning in London and learn about the qualifications on offer.

**Speaker:** Professor Jonathan Passmore and Dr Rebecca Jones

Our programmes offer a wide ranging approach to coaching styles, techniques and practise. During the morning there will be opportunities to meet the Programme Directors, take part in a sample workshop and hear from current students and recent alumni.

**Venue:** London

**Time:** 13:30 – 21:30

**Price:** Free

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23 November 2020
Working with Moods and Emotions in Coaching

**Event style:** Webinar

There are many reasons why emotions are useful and critical in coaching. Emotions are not just about our feelings; they predispose us to action. Emotions shape how we act and what actions are available to us.

**Speaker:** Aboodi Shabi

We tend to prioritise rationalism over emotions. Often clients don’t legitimise (or even notice) their own emotions, never mind listen to them or be curious about what they might be telling them or what they might mean. When we support a client in being curious about their emotions, we can help them to work with underlying issues and increase their capacity for action and range of possible actions.

**Venue:** Greenlands

**Time:** 15:00 - 16:00

**Price:** Free of charge
3 December 2020
Members Winter Networking Event

Event style: Networking

Enjoy the opportunity to network with fellow Coaching Centre Members over a glass of something festive.

Speaker:

Venue: Greenlands

Time: 17:30 - 19:30

Price: Free for The Henley Centre for Coaching members

8 December 2020
Supervision series – I don’t need a supervisor: I’ve got Google

Event style: Webinar

Artificial intelligence (AI) is making inroads into all areas of working life. Coaching and coach supervision are not immune. While applications like coachbots are currently limited to predictable, relatively simple situations, the addition of AI - algorithms that adapt and learn – is a radical game changer. AI can already outperform humans in some aspects of therapy.

Speaker: David Clutterbuck

Venue: Online

Time: 18:30 - 19:30

Price: £25 + VAT
(10% discount for Henley alumni and current students)
Free for The Henley Centre for Coaching members

What can you do to prepare for this brave new world? We will consider the evidence to date and explore together practical strategies for creating coach-AI partnerships and supervisor - AI partnerships.

Ignore these developments at your professional peril!
About the campus

All of our 2020 events (excluding the online webinars) are held here at our Greenlands campus. Greenlands is a magnificent Grade II listed building, set in its own 30-acre estate in the beautiful Oxfordshire countryside alongside the River Thames and offers a perfect venue for reflection and learning.

Situated just 40 minutes by taxi from Heathrow Airport, on the outskirts of picturesque Henley-on-Thames, the Business School is easily accessed from the M4, M25 and M40 and offers secure on-site parking for up to 200 vehicles.

For those travelling by rail, trains run to Henley station via Twyford from London Paddington throughout the day. Taxis to the Business School take approximately 10 minutes from Henley station, or 30-40 minutes from Reading station.

Hotel accommodation is available on-site using the discount code HENLEYCOURSE.
The Centre offers members a virtual-learning environment where the members shape research and practice in coaching. You can stay up to date of all the latest thinking and developments in coaching through research reports and newsfeed of curated highlights.

You will be able to contribute your thinking to the evolution and professionalisation of coaching through online discussions.

Key benefits of membership include:

- A dedicated platform to stay in touch with Henley and with each other on our exciting platform Henley Live
- Regular 'In Conversation' interviews and best practice ‘how to’ insight guides
- Free access to around 10 live webinars per year (and access to the webinar archive – Including bonus recordings)
- Two networking events per year and discounts to other coaching events
- Access to The Henley Business School Library and The National Coaching Resource Centre
- A wide selection of online publications
- Mini-courses, the first with Marshall Goldsmith

Annual membership is available to anyone interested in coaching. All membership expires on 30 April each year. Membership is purchasable at 3 stages during the year and the fee is pro-rated.

**Alumni Membership** £50 + VAT

**Individual Membership** £70 + VAT

For more information please contact the Coaching Centre team coaching@henley.ac.uk or +44 (0) 1491 418 855.
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