TIMETABLED WORKSHOPS

2 Hour Jobs Search
5th March 2018, 4 - 6pm
Palmer G10, Whiteknights
This interactive lecture is based on the book The 2 Hour Job Search by Steve Dalton. It outlines a streamlined job search approach that shows you how to select, prioritize and contact prospective employers so you can land that critical first interview. You will need your laptop charged with a full battery for this session!

CVs, Covering Letters and Application Forms
12th March 2018, 4 - 6pm
Palmer G10, Whiteknights
This session will equip you with the basics of writing a great CV. It will give you the opportunity to assess examples of good and bad CVs and cover letters.

Interviewing with Confidence
19th March 2018, 5 - 7pm
Palmer G10, Whiteknights
This session explains the different types of interviews you are likely to experience and how to prepare mentally and practically for these.

OPTIONAL EVENTS
WEBINARS
Monique Valcour on Avoiding Burnout and Building Resilience
8th February 2018, 6.30 - 7.45pm
Relentless stress at work threatens not only our wellbeing and performance but also our health and career. In this webinar Monique Valcour, management professor and author, presents the current research into the causes of burnout, shows how to judge if we are at risk, and proposes a range of strategies we can use to escape toxic environments and improve our situations.
To book please register here: avoiding-burnout.eventbrite.co.uk?discount=henley