TIMETABLED WORKSHOPS

CV Retreat
11th January 2018, 10 – 12pm
G10, Whiteknights
A CV is one of your most important pieces of marketing collateral. This workshop provides an overview of how to structure a CV, what to include and how best to present your unique selling points in a compelling way. This session will be very practical, with plenty of opportunity to dust down, refresh and update your CV.

Managing Energy for Sustained Peak Performance
25th January 2018, 10am – 3pm
River House Upper, Greenlands
Research shows us that the most successful executives recognise the cost of personal energy depleting behaviours, and then take responsibility for changing them, regardless of the circumstances they are facing. This workshop will help you to recognise your sources of energy for sustained peak performance, identify energy-depleting behaviours and plan strategies for overcoming them.

This workshop will help you to:
• Recognise your sources of energy for sustained peak performance
• Identify energy-depleting behaviours and plan strategies for overcoming them.

Individual Mock Interviews
12th or 14th February 2018
Allocated time slots, Whiteknights
To succeed at interviews, you must impress recruiters with your ability and enthusiasm for the role. This mock interview will provide an opportunity for in-depth constructive feedback. It will also be filmed, a copy of which you will be provided with. You will only be required to attend one of these days for approximately 90 mins.

OPTIONAL EVENTS

Monique Valcour on Avoiding Burnout and Building Resilience
Relentless stress at work threatens not only our wellbeing and performance but also our health and career. In this webinar Monique Valcour, management professor and author, presents the current research into the causes of burnout, shows how to judge if we are at risk, and proposes a range of strategies we can use to escape toxic environments and improve our situations.

To book please register here:
avoiding-burnout.eventbrite.co.uk?discount=henley
MBA Q&A PANELS
These evening forums are an opportunity to hear from professionals in a variety of industries, get your questions answered and network with senior alumnus and professionals from different Henley MBA Programmes. A forum for gaining insight and advice, as well as for meeting fellow Executive MBA students and Henley MBA Alumni. Panels for Spring term include:

Experience the C-Suite
25th January 2018, 5.30 - 7.30pm
Greenlands
Hosted by Professor Andrew Kakabadse, panel members will share their experiences of being part of the C-Suite; the highs, lows, challenges and opportunities that life at the top of an organisation creates. Come and hear first hand from those who have successfully navigated their career journey to lead in their chosen fields.

Working in the Start-up Space
19th March 2018, 6 - 8pm
G10, Whiteknights
Life is different in the world of start-ups and SME. But how? What are the challenges? And how do you attract investors and support for your fledgling business? How do you keep going when life feels difficult and success questionable? Our panel members will share their experiences of working in start-up/SME space. Come along and find out if this could be an alternative career path for you.

RISE & SHINE WITH ALUMNI
Fridays, once a month
8am breakfast meeting in London
These breakfast meetings are designed to give small groups of up to 5 people the opportunity to meet with a professional from a particular industry or sector. They are an opportunity to gain industry insight, get personal advice and share in the Alumnus’ wealth of experience. Attendance by application only. Keep an eye on your emails for more information.